

WITHIN AND BEYOND OUR WALLS

How Sinai Memorial Chapel Builds a Stronger Jewish Community

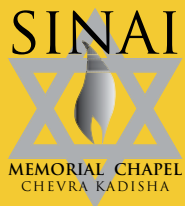


Compliments of
Sinai Memorial Chapel
Chevra Kadisha

Jewish Calendar for 5784
תשפ"ד 2023-2024



Seder at San Quentin State Prison. Photo by Vincent Obannon of San Quentin News.



L'shana Tovah and best wishes for a Happy New Year from the Board of Directors and Staff of SINAI MEMORIAL CHAPEL CHEVRA KADISHA. As appreciation for your support, enclosed is our 5784 Jewish calendar.

While Sinai's mission focuses on providing services to families upon the death of a loved one—honoring the deceased and supporting the survivors—we have always, since our inception, made special efforts to be an active participant in the broader life of the Jewish community in the Bay Area.

Through a range of efforts, some reflecting age-old traditions and others responding to emerging needs, Sinai shares our resources, knowledge, and experience—often in collaboration with other institutions—to build a stronger Jewish community.

This calendar highlights some of these activities, conveying our commitment to being good Jewish citizens both within and outside the walls of Sinai.

This calendar for the new year also reminds all of us to rededicate ourselves to new beginnings. Just as Rosh Hashanah and the sound of the *shofar* usher in the holiest time of the year, at SINAI we take this opportunity to rededicate ourselves to our holy work and to identify opportunities for *tikkun*, improvement, to better serve our entire Bay Area Jewish community.

In the past year, we provided advance planning, funeral and burial services, and bereavement and grief counseling services to over 1,000 individuals and families. A continuing hallmark of SINAI is our commitment to providing to the entire community—regardless of means—the same dignity and quality of funeral service.

Our members support the *tzedakah* and community-building activities of SINAI, one of the few community-owned, nonprofit Jewish funeral services nationwide. Your membership and donations help ensure that we never turn away any Jewish person because of means. Please consider becoming a member.

If you would like more information about the work of SINAI, our range of services, the importance of membership, or the opportunity to make a legacy gift, please visit our website, www.sinaichapel.org.

Again, I wish you a Happy New Year and thank you for your continuing support.

Sincerely,

A handwritten signature in black ink, appearing to read "Samuel J. Salkin". The signature is fluid and cursive, written over a light blue horizontal line.

Samuel J. Salkin
Executive Director
ssalkin@sinaichapel.org
www.sinaichapel.org



RESPECTING JUDAISM'S SACRED OBJECTS

There is a tradition in Judaism to bury torahs, prayer books, and other sacred objects—collectively called *shaimos* in Yiddish—that are no longer usable and need to be discarded. Four times a year, Sinai Memorial Chapel performs these *genizah* burials—a *genizah* being a place where these objects are buried.

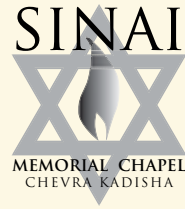
Sinai buries these sacred objects, including prayer books that are no longer needed when a congregation acquires new ones, with simple ceremonies at its Eternal Home and Gan Shalom cemeteries.

In addition to prayer books, Sinai has buried a Torah that was used for many years at San Francisco's Talmud Torah schools, which provided a religious education to The City's Jewish youth in the 1930s and '40s. The covered scroll was placed in a grave and, as with all Jewish burials, mourners filled in the grave with dirt. A tree was planted, and a memorial marker was placed at the site.

SEPTEMBER

2023

אלול תשפ"ג - תשרי תשפ"ד
ELUL 5783 - TISHREI 5784



1501 Divisadero Street, San Francisco, CA 94115
3415 Mt. Diablo Boulevard, Lafayette, CA 94549
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415.921.3636 FD 262
925.962.3636 FD 1523
650.369.3636 FD 1830

www.sinaichapel.org

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|------------------|------------------|------------------|---|---|
| | | | | | 1 15 Elul טו Light 7:21 | 2 16 Elul טז Ki Tavo Ends 8:18 |
| 3 17 Elul יז | 4 18 Elul יח Labor Day | 5 19 Elul יט | 6 20 Elul כ | 7 21 Elul כא | 8 22 Elul כב Light 7:11 | 9 23 Elul כג Nitzavim / Vayeilech Ends 8:06 |
| 10 24 Elul כד | 11 25 Elul כה | 12 26 Elul כו | 13 27 Elul כז | 14 28 Elul כח | 15 29 Elul כט Erev Rosh Hashanah Light 7:00 | 16 1 Tishrei א Rosh Hashanah Light after 7:55 |
| 17 2 Tishrei ב Rosh Hashanah Shofar is blown Ends 7:54 | 18 3 Tishrei ג Tzom Gedaliah Fast 5:32 -7:40 | 19 4 Tishrei ד | 20 5 Tishrei ה | 21 6 Tishrei ו | 22 7 Tishrei ז Light 6:49 | 23 8 Tishrei ח Ha'azinu Shabbat Shuva Ends 7:44 |
| 24 9 Tishrei ט Erev Yom Kippur Kol Nidre Light, fast begins 6:46 | 25 10 Tishrei י Yom Kippur Yizkor Shofar is blown Ends 7:41 | 26 11 Tishrei יא | 27 12 Tishrei יב | 28 13 Tishrei יג | 29 14 Tishrei יד Erev Sukkot Light 6:38 | 30 15 Tishrei טו Sukkot Light after 7:33 |

All times listed are for the 94115 zip code and adjusted for Daylight Savings Time.

PLANTING TREES IN ISRAEL Since the middle of the last century, Sinai Memorial Chapel has supported the planting of trees in Israel in memory of each person Sinai has served, with an estimated \$200,000 going to this effort so far.

The trees are planted by Jewish National Fund, which has planted more than 250,000 trees since its founding in 1901 (the same year Sinai opened). These trees help prevent fires, conserve the soil, combat desertification, and develop agricultural infrastructure. These kinds of programs have helped make Israel an environmental leader in the world.

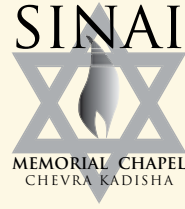
To learn more: jnf.org/our-work/forestry-green-innovations



OCTOBER

2023

תשרי - חשוון תשפ"ד
TISHREI - CHESHVAN 5784



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SUNDAY

1 16 Tishrei טז
2nd day of Sukkot

Ends 7:32

8 23 Tishrei כג
Simchat Torah

Ends 7:21

15 30 Tishrei ל
Rosh Chodesh

22 7 Cheshvan ז

29 14 Cheshvan יד

MONDAY

2 17 Tishrei יז
Chol Hamoed Sukkot

9 24 Tishrei כד
Columbus Day

16 1 Cheshvan א
Rosh Chodesh

23 8 Cheshvan ח

30 15 Cheshvan טו

TUESDAY

3 18 Tishrei יח
Chol Hamoed Sukkot

10 25 Tishrei כה

17 2 Cheshvan ב

24 9 Cheshvan ט

31 16 Cheshvan טז

WEDNESDAY

4 19 Tishrei יט
Chol Hamoed Sukkot

11 26 Tishrei כו

18 3 Cheshvan ג

25 10 Cheshvan י

THURSDAY

5 20 Tishrei כ
Chol Hamoed Sukkot

12 27 Tishrei כז

19 4 Cheshvan ד

26 11 Cheshvan יא

FRIDAY

6 21 Tishrei כא
Sukkot
Hoshanah
Rabah
Erev Shemini Atzeret

Light 6:27

13 28 Tishrei כח
Light 6:17

20 5 Cheshvan ה
Light 6:08

27 12 Cheshvan יב
Light 5:59

SATURDAY

7 22 Tishrei כב
Shemini Atzeret
Yizkor
Erev Simchat Torah

Light after 7:23

14 29 Tishrei כט
Bereshit
Birkat Hachodesh

21 6 Cheshvan ו
Noach
Ends 7:04

28 13 Cheshvan יג
Lech Lecha
Ends 6:55

PROTECTING THE STATE'S OLDEST JEWISH CEMETERIES

Seven cemeteries in California's Gold Rush country in the Sierra foothills survive as evidence of vibrant Jewish communities in that area. Almost as soon as gold was discovered in 1848, Jews from all over the world came to California seeking economic, political, and social freedom. They became active members of the communities where they settled, forming businesses and taking part in civic life.

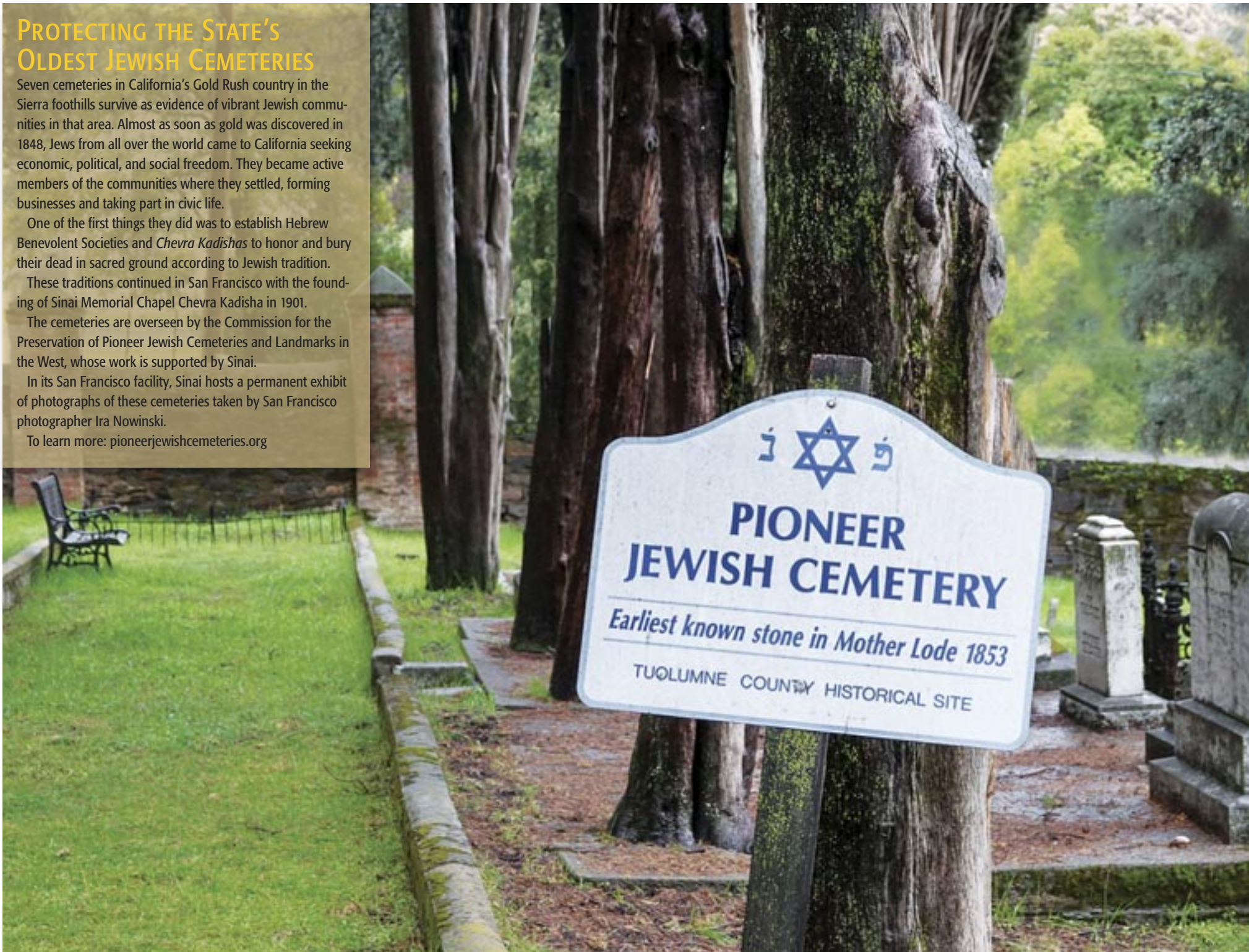
One of the first things they did was to establish Hebrew Benevolent Societies and *Chevre Kadishas* to honor and bury their dead in sacred ground according to Jewish tradition.

These traditions continued in San Francisco with the founding of Sinai Memorial Chapel Chevre Kadisha in 1901.

The cemeteries are overseen by the Commission for the Preservation of Pioneer Jewish Cemeteries and Landmarks in the West, whose work is supported by Sinai.

In its San Francisco facility, Sinai hosts a permanent exhibit of photographs of these cemeteries taken by San Francisco photographer Ira Nowinski.

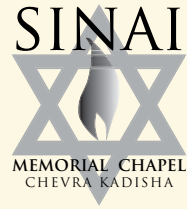
To learn more: pioneerjewishcemeteries.org



NOVEMBER

2023

חשוון - כסלו תשפ"ד
CHESHVAN - KISLEV 5784



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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 17 Cheshvan יז

2 18 Cheshvan יח

3 19 Cheshvan יט Light 5:51

4 20 Cheshvan כ Vayera Ends 6:48

5 21 Cheshvan כא Daylight Saving Time ends

6 22 Cheshvan כב

7 23 Cheshvan כג

8 24 Cheshvan כד

9 25 Cheshvan כה

10 26 Cheshvan כו Veterans Day observed Light 4:44

11 27 Cheshvan כז Chaye Sarah Birkat Hachodesh Ends 5:42

12 28 Cheshvan כח

13 29 Cheshvan כט

14 1 Kislev א Rosh Chodesh

15 2 Kislev ב

16 3 Kislev ג

17 4 Kislev ד Light 4:39

18 5 Kislev ה Toledot Ends 5:38

19 6 Kislev ו

20 7 Kislev ז

21 8 Kislev ח

22 9 Kislev ט

23 10 Kislev י Thanksgiving Day

24 11 Kislev יא Light 4:35

25 12 Kislev יב Vayetze Ends 5:35

26 13 Kislev יג

27 14 Kislev יד

28 15 Kislev טו

29 16 Kislev טז

30 17 Kislev יז



LIGHTING SAN FRANCISCO'S GIANT MENORAH

San Francisco is noted for having the first public giant menorah outside of Israel—a phenomenon that now takes place around the world. The spirit behind this tradition is to make the celebration of Hannukah a public event, allowing “everyone to illuminate their soul with the light of Torah and...light up the entire public thoroughfare.”

Started by Chabad SF with the support of rock music promoter Bill Graham, the lighting takes place every year at San Francisco's Union Square. It attracts thousands of people, including Jews of all affiliations along with local officials and celebrities.

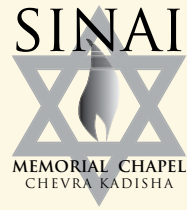
In 2022, Sinai became a sponsor of this event and had the honor of lighting the first candle on the first night of Hannukah.

To learn more: billgrahammenorah.org

DECEMBER

2023

כסלו - טבת תשפ"ד
KISLEV - TEVET 5784



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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|---|--|---|
| | | | | | 1 18 Kislev יח Light 4:33 | 2 19 Kislev יט Vayishlach Ends 5:34 |
| 3 20 Kislev כ | 4 21 Kislev כא | 5 22 Kislev כב | 6 23 Kislev כג | 7 24 Kislev כד Erev Chanukah Light 1st candle | 8 25 Kislev ה Chanukah Light 2nd candle Light 4:33 | 9 26 Kislev ו Vayeshev Birkat Hachodesh Chanukah Light 3rd candle Ends 5:34 |
| 10 27 Kislev ז Chanukah Light 4th candle | 11 28 Kislev ח Chanukah Light 5th candle | 12 29 Kislev ט Chanukah Light 6th candle | 13 1 Tevet י Chanukah Light 7th candle Rosh Chodesh | 14 2 Tevet יב Chanukah Light 8th candle | 15 3 Tevet יג Chanukah Light 4:34 | 16 4 Tevet יד Miketz Ends 5:35 |
| 17 5 Tevet טו | 18 6 Tevet טז | 19 7 Tevet טז | 20 8 Tevet יז | 21 9 Tevet יח | 22 10 Tevet יט Tzom Asarah Be'Tevet Fast 5:53 -5:25 Light 4:37 | 23 11 Tevet כ Vayigash Ends 5:39 |
| 24 12 Tevet יא | 25 13 Tevet יב | 26 14 Tevet יג | 27 15 Tevet יד | 28 16 Tevet טו | 29 17 Tevet טז Light 4:41 | 30 18 Tevet טז Vayechi Ends 5:43 |
| 31 19 Tevet יז | | | | | | |

All times listed are for the 94115 zip code and adjusted for Daylight Savings Time.



LENDING OUR TORAHS Over the years, Sinai has acquired four Torahs from synagogues that have closed or have acquired new ones. Sinai assures that they are maintained and lends these Torahs to Jewish organizations throughout the Bay Area who do not yet have their own. These include schools, camps, and programs where young people are preparing for their *bar* and *bat mitzvahs*.

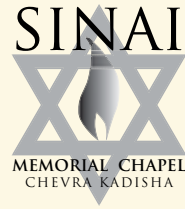
One family that Sinai served when a family member died decided to hold their daughter's *bat mitzvah* in one of Sinai's chapels, since they saw that as a way to reaffirm life in the same place where they had honored the death of a loved one. One of Sinai's Torahs was used during that service.



JANUARY

2024

טבת - שבט תשפ"ד
TEVET - SHEVAT 5784



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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------------|---|-----------------|-----------------|-------------------------------|----------------------------|---|
| | 1 20 Tevet כ New Year's Day | 2 21 Tevet כא | 3 22 Tevet כב | 4 23 Tevet כג | 5 24 Tevet כד Light 4:47 | 6 25 Tevet כה Shemot Birkat Hachodesh Ends 5:49 |
| 7 26 Tevet כו | 8 27 Tevet כז | 9 28 Tevet כח | 10 29 Tevet כט | 11 1 Shevat א Rosh Chodesh | 12 2 Shevat ב Light 4:53 | 13 3 Shevat ג Va'era Ends 5:55 |
| 14 4 Shevat ד | 15 5 Shevat ה Martin Luther King, Jr. Day | 16 6 Shevat ו | 17 7 Shevat ז | 18 8 Shevat ח | 19 9 Shevat ט Light 5:01 | 20 10 Shevat י Bo Ends 6:02 |
| 21 11 Shevat יא | 22 12 Shevat יב | 23 13 Shevat יג | 24 14 Shevat יד | 25 15 Shevat טו Tu Bi'Shevat* | 26 16 Shevat טז Light 5:08 | 27 17 Shevat יז Beshalach Shabbat Shira International Holocaust Remembrance Day Ends 6:09 |
| 28 18 Shevat יח | 29 19 Shevat יט | 30 20 Shevat כ | 31 21 Shevat כא | | | |

All times listed are for the 94115 zip code and adjusted for Daylight Savings Time.

*commences prior evening



Reflections on Jewish Death & Mourning

*Respect, Ritual
and Remembrance*

A COMPILATION OF ORIGINAL ESSAYS
EDITED BY SAMUEL J. SALKIN

TEACHING PEOPLE ABOUT JEWISH TRADITIONS Besides providing direct services related to death and grieving, Sinai has always had a commitment to educating people about Jewish traditions associated with these issues.

Historically, people learned about these customs by experiencing them directly, rather than being taught them formally. Since there are now fewer communal ways of learning about these traditions, Sinai produces publications that help people understand the Jewish approach to caring for and honoring the deceased and comforting the survivors.

“Reflections on Jewish Death and Mourning” is a compilation of essays by lay and religious thinkers writing from different perspectives on the specific practices related to death as well more general topics like ethics and values.

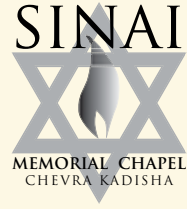
Another, called “A Guide for the Comforter,” helps both Jews and non-Jews understand what to expect and how to behave at funerals, burials, and shiva and, in general, how they can support the bereaved.

To learn more: sinaichapel.org/why-a-jewish-funeral.aspx

FEBRUARY

2024

שבט - אדר א' תשפ"ד
SHEVAT - ADAR I 5784

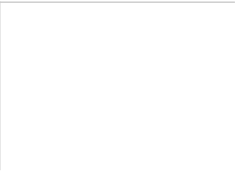


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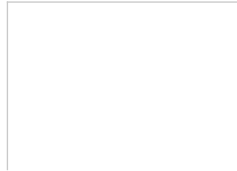
SUNDAY



MONDAY



TUESDAY



WEDNESDAY



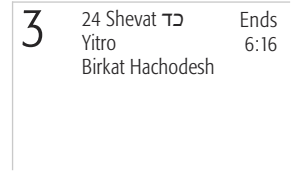
THURSDAY



FRIDAY



SATURDAY



4 כה Shevat 25

5 כו Shevat 26

6 כז Shevat 27

7 כח Shevat 28

8 כט Shevat 29

9 ל Shevat 30
Rosh Chodesh

10 א Adar 1
Rosh Chodesh
Mishpatim

11 ב Adar 2

12 ג Adar 3

13 ד Adar 4

14 ה Adar 5

15 ו Adar 6

16 ז Adar 7

17 ח Adar 8
Terumah

18 ט Adar 9

19 י Adar 10
Presidents Day

20 יא Adar 11

21 יב Adar 12

22 יג Adar 13

23 יד Adar 14

24 טו Adar 15
Tetzaveh

25 יז Adar 16

26 יח Adar 17

27 יט Adar 18

28 יכ Adar 19

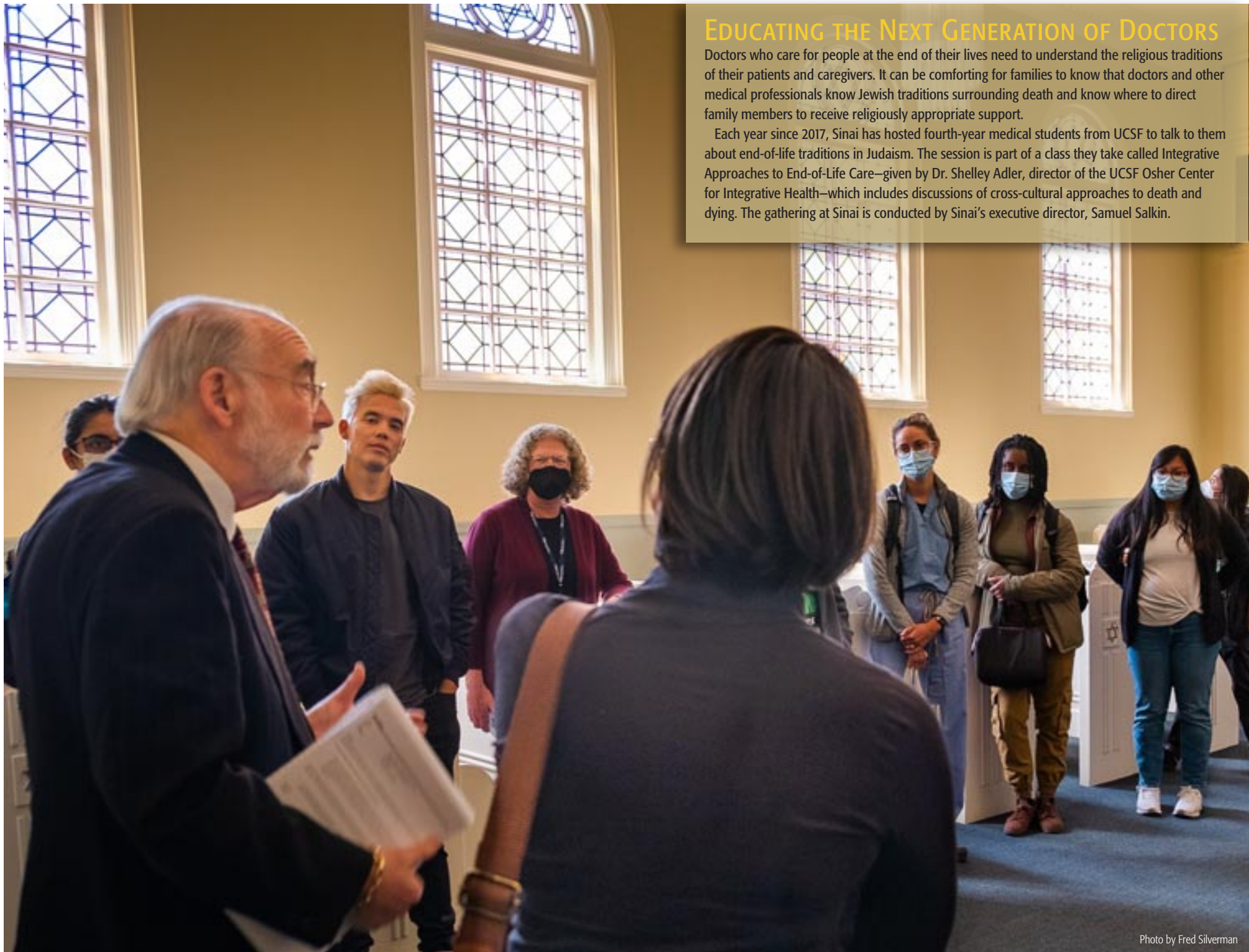
29 כ Adar 20



EDUCATING THE NEXT GENERATION OF DOCTORS

Doctors who care for people at the end of their lives need to understand the religious traditions of their patients and caregivers. It can be comforting for families to know that doctors and other medical professionals know Jewish traditions surrounding death and know where to direct family members to receive religiously appropriate support.

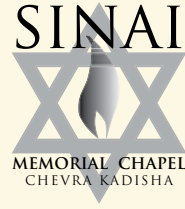
Each year since 2017, Sinai has hosted fourth-year medical students from UCSF to talk to them about end-of-life traditions in Judaism. The session is part of a class they take called Integrative Approaches to End-of-Life Care—given by Dr. Shelley Adler, director of the UCSF Osher Center for Integrative Health—which includes discussions of cross-cultural approaches to death and dying. The gathering at Sinai is conducted by Sinai's executive director, Samuel Salkin.



MARCH

2024

אדר א' - אדר ב' תשפ"ד
ADAR I - ADAR II 5784



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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Empty Sunday box

Empty Monday box

Empty Tuesday box

Empty Wednesday box

Empty Thursday box

1 21 Adar I כא Light 5:46

2 22 Adar I כב Ki Tissa Ends 6:44

3 23 Adar I כג

4 24 Adar I כד

5 25 Adar I כה

6 26 Adar I כו

7 27 Adar I כז

8 28 Adar I כח Light 5:53

9 29 Adar I כט Vayakhel Shabbat Shekalim Birkat Hachodesh Ends 6:51

10 30 Adar I ל Rosh Chodesh Daylight Saving Time begins

11 1 Adar II א Rosh Chodesh

12 2 Adar II ב

13 3 Adar II ג

14 4 Adar II ד

15 5 Adar II ה Light 7:00

16 6 Adar II ו Pekudei Ends 7:57

17 7 Adar II ז

18 8 Adar II ח

19 9 Adar II ט

20 10 Adar II י

21 11 Adar II יא Ta'anit Ester Fast 5:48 -7:50

22 12 Adar II יב Light 7:06

23 13 Adar II יג Vayikra Shabbat Zachor Erev Purim Ends 8:04

24 14 Adar II יד Purim 

25 15 Adar II טו

26 16 Adar II טז

27 17 Adar II יז

28 18 Adar II יח

29 19 Adar II יט Light 7:13

30 20 Adar II כ Tzav Shabbat Parah 

31 21 Adar II כא



SHARING A SEDER AT SAN QUENTIN It is an age-old tradition in Judaism to ensure that everyone, regardless of their means, can take part in a Passover seder. This special Pesach *tzedakah*, originally intended to provide the poor with *matzah*, is known as *ma'ot chitim*, "wheat money."

The founders of the original Sinai Chevre Kadisha brought this tradition with them from Europe to America, and in its early days, people lined up around the block to receive bags filled with chickens, *matzah*, and wine. Sinai Memorial Chapel has honored this custom ever since by supporting local organizations that help people without resources celebrate this holiday.

A special expression of this is Sinai's sponsorship of an annual seder at San Quentin State Prison, overseen by Rabbi Paul Shleffar, a chaplain there. Sinai has supported this tradition since it began in 1990. Residents of the prison say this holiday has special meaning for them, given its theme of liberation from bondage.

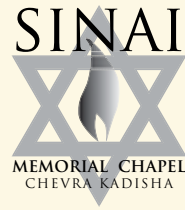
The event features traditional Passover foods, music, and time for reflection and prayer.

For a perspective from inside the prison: tinyurl.com/mta4rnbx

APRIL

2024

אדר ב - ניסן תשפ"ד
ADAR II - NISSAN 5784



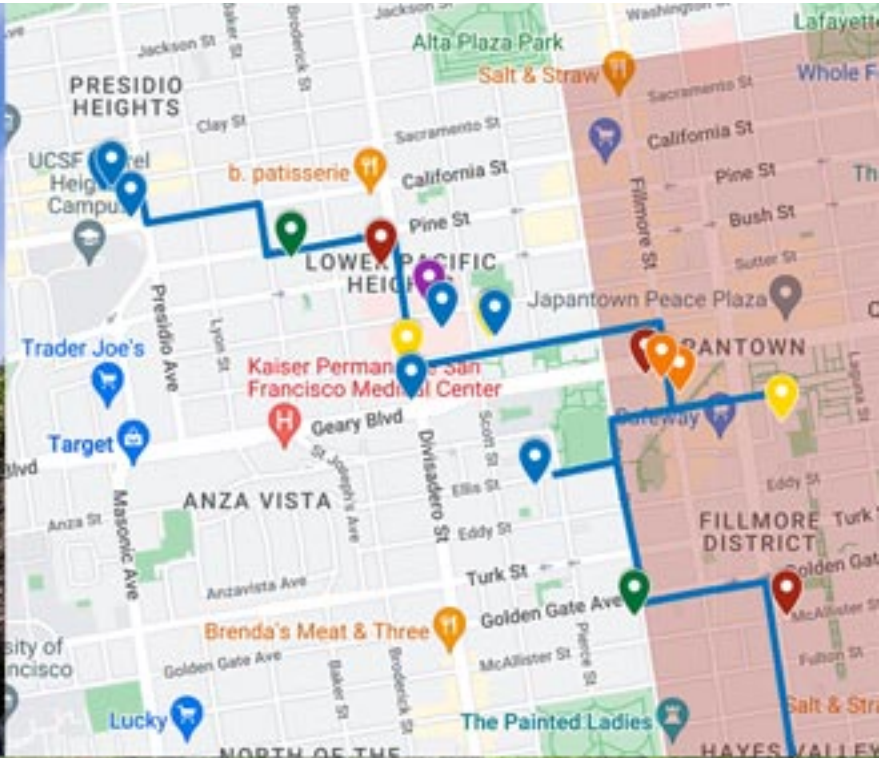
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|--|---|---|--|--|--|---|
| | 1 כב 22 Adar II | 2 כג 23 Adar II | 3 כד 24 Adar II | 4 ה 25 Adar II | 5 ו 26 Adar II Light 7:19 | 6 ז 27 Adar II Shemini Shabbat Hachodesh Birkat Hachodesh Ends 8:18 |
| 7 ח 28 Adar II | 8 ט 29 Adar II | 9 י 1 Nissan Rosh Chodesh | 10 יא 2 Nissan | 11 יב 3 Nissan | 12 יג 4 Nissan Light 7:25 | 13 יד 5 Nissan Tazriya Ends 8:25 |
| 14 טו 6 Nissan | 15 טז 7 Nissan | 16 יז 8 Nissan | 17 יח 9 Nissan | 18 יט 10 Nissan Yom HaAliyah | 19 כ 11 Nissan Light 7:32 | 20 כא 12 Nissan Metzora Shabbat Hagadol Ends 8:32 |
| 21 כב 13 Nissan Bedikat Chametz | 22 כג 14 Nissan Ta'anit Bechorot Erev Pesach 1st Seder Light 7:35 | 23 כד 15 Nissan 1st day of Pesach 2nd Seder Count Omer 1 tonight Light after 8:35 | 24 ה 16 Nissan 2nd day of Pesach Count Omer 2 tonight Ends 8:36 | 25 ו 17 Nissan Chol Hamoed Pesach Count Omer 3 tonight | 26 ז 18 Nissan Chol Hamoed Pesach Count Omer 4 tonight Light 7:38 | 27 ח 19 Nissan Chol Hamoed Pesach Count Omer 5 tonight Ends 8:39 |
| 28 ט 20 Nissan Chol Hamoed Pesach Count Omer 6 tonight Light 7:40 | 29 י 21 Nissan 7th day of Pesach Count Omer 7 tonight Light after 8:41 | 30 יא 22 Nissan 8th day of Pesach Yizkor Count Omer 8 tonight Ends 8:42 | | | | |

All times listed are for the 94115 zip code and adjusted for Daylight Savings Time.



WALKING THROUGH THE BAY AREA'S JEWISH HISTORY

Jews have made tremendous contributions to the social, political, and cultural landscapes of the Greater Bay Area.

To help local residents and visitors understand and appreciate first-hand the "Jewish experience" in San Francisco and surrounding areas, Sinai prepared a map showing over 400 places that relate to Jewish life, along with separate maps of walking tours and one driving tour of different parts of the region. Each map highlights buildings designed by Jews, places named for Jews, Jewish institutions, and former Jewish residences. One map provides a driving route to visit the Pioneer Jewish Cemeteries in Gold Rush Country.

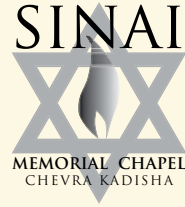
From the home that Rube Goldberg designed and lived in on Gough Street to the site of the former Congregation Beth Israel on Geary Street, these maps tell a compelling story of Jewish life in the Bay Area.

To learn more: sinaichapel.org/maps-of-jewish-san-francisco.aspx

MAY

2024

ניסן - אייר תשפ"ד
NISSAN - IYAR 5784



1501 Divisadero Street, San Francisco, CA 94115
3415 Mt. Diablo Boulevard, Lafayette, CA 94549
3921 Fabian Way, Suite A024, Palo Alto, CA 94303

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650.369.3636 FD 1830

SUNDAY

5 27 Nissan כז
Count Omer 13 tonight

12 4 Iyar ד
Count Omer 20 tonight
Mother's Day

19 11 Iyar יא
Count Omer 27 tonight

26 18 Iyar יח
Lag Ba'Omer*
Count Omer 34 tonight

MONDAY

6 28 Nissan כח
Yom HaShoah*
Count Omer 14 tonight

13 5 Iyar ה
Yom Hazikaron*
Count Omer 21 tonight

20 12 Iyar יב
Count Omer 28 tonight

27 19 Iyar יט
Count Omer 35 tonight
Memorial Day

TUESDAY

7 29 Nissan כט
Count Omer 15 tonight

14 6 Iyar ו
Yom Ha'atzmaut*
Count Omer 22 tonight

21 13 Iyar יג
Count Omer 29 tonight

28 20 Iyar כ
Count Omer 36 tonight

WEDNESDAY

1 23 Nissan כג
Count Omer 9 tonight

8 30 Nissan ל
Rosh Chodesh
Count Omer 16 tonight

15 7 Iyar ז
Count Omer 23 tonight

22 14 Iyar יד
Pesach Sheini
Count Omer 30 tonight

29 21 Iyar כא
Count Omer 37 tonight

THURSDAY

2 24 Nissan כד
Count Omer 10 tonight

9 1 Iyar א
Rosh Chodesh
Count Omer 17 tonight

16 8 Iyar ח
Count Omer 24 tonight

23 15 Iyar טו
Count Omer 31 tonight

30 22 Iyar כב
Count Omer 38 tonight

FRIDAY

3 25 Nissan כה
Count Omer 11 tonight
Light 7:45

10 2 Iyar ב
Count Omer 18 tonight
Light 7:51

17 9 Iyar טז
Count Omer 25 tonight
Light 7:57

24 16 Iyar טז
Count Omer 32 tonight
Light 8:03

31 23 Iyar כג
Count Omer 39 tonight
Light 8:08

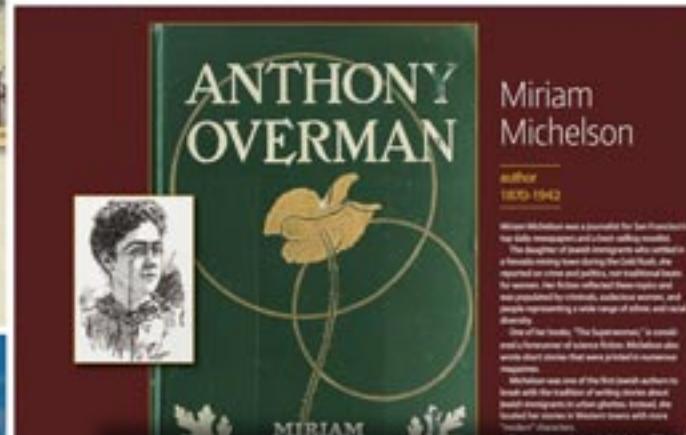
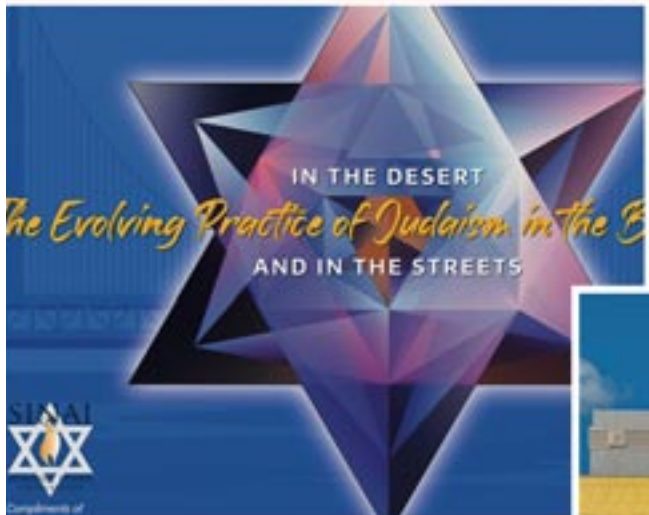
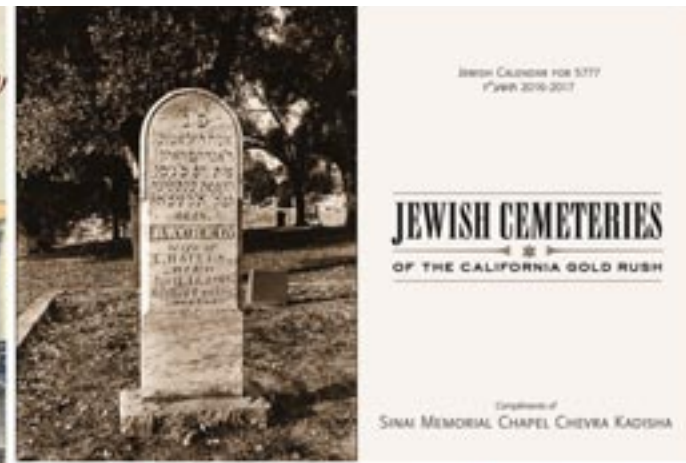
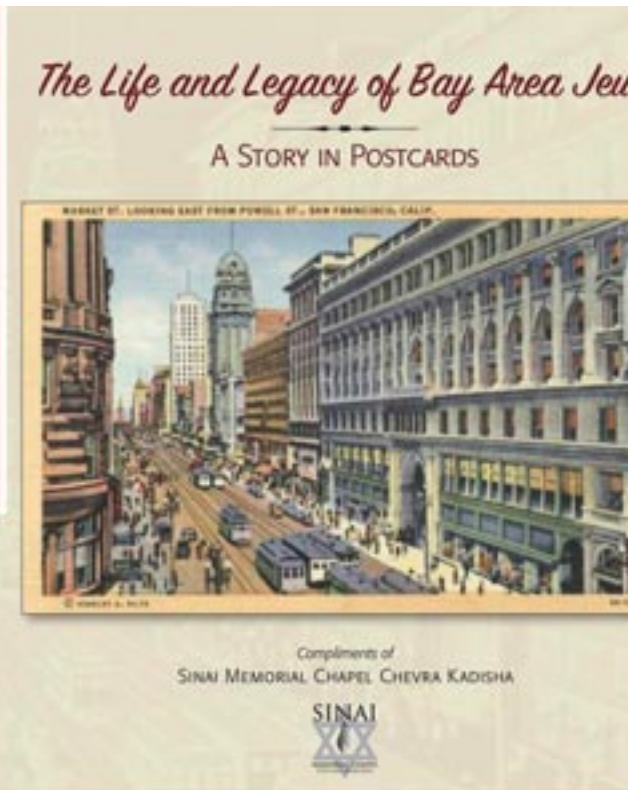
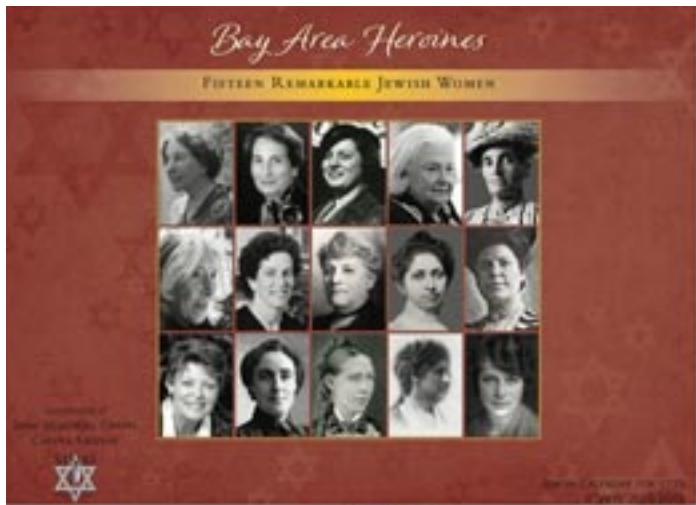
SATURDAY

4 26 Nissan כו
Aharei Mot
Birkat Hachodesh
Count Omer 12 tonight
Ends 8:46

11 3 Iyar ג
Kedoshim
Count Omer 19 tonight
Ends 8:54

18 10 Iyar י
Emor
Count Omer 26 tonight
Ends 9:01

25 17 Iyar יז
Behar
Count Omer 33 tonight
Ends 9:07



TELLING STORIES THROUGH CALENDARS

Sinai has a tradition of providing unique Jewish calendars to the Bay Area with the goal of celebrating various aspects of Jewish life in the region.

These calendars have highlighted extraordinary Jewish women going back to the 1800s, artists creating in a wide range of media, entrepreneurs and visionaries impacting everything from medicine to agriculture, the history of Jewish life in the Bay Area from 1900 to the present, evolving and innovative expressions of Judaism, how Jewish life was depicted in popular postcards, and the Pioneer Jewish Cemeteries in Gold Country.

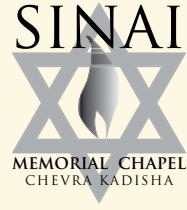
Collectively, these calendars provide a convenient way to keep track of Jewish time and holidays and to put a spotlight on the diverse and powerful ways that Jews have made an impact where we live.



JUNE

2024

אייר - סיון תשפ"ד
IYAR - SIVAN 5784



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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Empty box for Sunday

Empty box for Monday

Empty box for Tuesday

Empty box for Wednesday

Empty box for Thursday

Empty box for Friday

1 24 Iyar כד Behoukotai Birkat Hachodesh Count Omer 40 tonight Ends 9:13

2 25 Iyar כה Count Omer 41 tonight

3 26 Iyar כו Count Omer 42 tonight

4 27 Iyar כז Count Omer 43 tonight

5 28 Iyar כח Yom Yerushalayim* Count Omer 44 tonight

6 29 Iyar כט Count Omer 45 tonight

7 1 Sivan א Rosh Chodesh Count Omer 46 tonight Light 8:12

8 2 Sivan ב Bemidbar Count Omer 47 tonight Ends 9:18

9 3 Sivan ג Count Omer 48 tonight

10 4 Sivan ד Count Omer 49 tonight

11 5 Sivan ה Erev Shavuot Light 8:14

12 6 Sivan ו 1st day of Shavuot Light after 9:20

13 7 Sivan ז 2nd day of Shavuot Yizkor Ends 9:20

14 8 Sivan ח Light 8:15

15 9 Sivan ט Nasso Ends 9:21

16 10 Sivan י Father's Day

17 11 Sivan יא

18 12 Sivan יב

19 13 Sivan יג Juneteenth

20 14 Sivan יד

21 15 Sivan טו Light 8:17

22 16 Sivan טז Beha'alotecha Ends 9:23

23 17 Sivan יז

24 18 Sivan יח

25 19 Sivan יט

26 20 Sivan כ

27 21 Sivan כא

28 22 Sivan כב Light 8:18

29 23 Sivan כג Shelach Birkat Hachodesh Ends 9:23

30 24 Sivan כד



OFFERING GREEN BURIALS

While the idea of “green burials” may seem new, it is a tradition that goes back thousands of years in Jewish history—reflecting the idea that upon death, we return to the earth and the dust from which we were created. Caskets are plain wood without metal parts.

Today, as more people want to be more environmentally sensitive, there is a renewed interest in making burials as “green” as possible. To honor these desires, Sinai has created a “green burial” section of its Eternal Home Cemetery in Colma called *Gan Adamah* (Earth Garden). Burials there use biodegradable caskets and shrouds with no concrete vaults or liners placed in the interment space. Markers are simple engraved, unfinished stones.

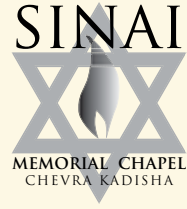
This space honors the Jewish traditions of caring for the earth and respecting the deceased.

To learn more: sinaichapel.org/GreenBurial.aspx

JULY

2024

סיון - תמוז תשפ"ד
SIVAN - TAMUZ 5784



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SUNDAY

MONDAY

1 כה 25 Sivan

TUESDAY

2 כו 26 Sivan

WEDNESDAY

3 כז 27 Sivan

THURSDAY

4 כח 28 Sivan
Independence Day

FRIDAY

5 כט 29 Sivan
Light 8:17

SATURDAY

6 ל 30 Sivan
Korach
Rosh Chodesh
Ends 9:21

7 א 1 Tamuz
Rosh Chodesh

8 ב 2 Tamuz

9 ג 3 Tamuz

10 ד 4 Tamuz

11 ה 5 Tamuz

12 ו 6 Tamuz
Light 8:14

13 ז 7 Tamuz
Chukat
Ends 9:18

14 ח 8 Tamuz

15 ט 9 Tamuz

16 י 10 Tamuz

17 יא 11 Tamuz

18 יב 12 Tamuz

19 יג 13 Tamuz
Light 8:11

20 יד 14 Tamuz
Balak
Ends 9:13

21 טו 15 Tamuz

22 טז 16 Tamuz

23 יז 17 Tamuz
Tzom Shiva
Assar Be'Tamuz
Fast 4:27 -8:56

24 יח 18 Tamuz

25 יט 19 Tamuz

26 כ 20 Tamuz
Light 8:05

27 כא 21 Tamuz
Pinechas
Ends 9:07

28 כב 22 Tamuz

29 כג 23 Tamuz

30 כד 24 Tamuz

31 כה 25 Tamuz

CREATING A SPACE TO MOURN PREGNANCY-RELATED LOSSES

In 2022, Sinai dedicated a garden adjacent to its Eternal Home Cemetery that is the first of its kind in the country—a sacred space where people can mourn and reflect on losses related to pregnancy: miscarriages, stillbirths, and the death of an infant.

Called The Memory Garden, it fills a gap in Jewish traditions surrounding these losses, since for many years, given their frequency, they were rarely acknowledged in Jewish rituals.

The Memory Garden is a quiet, contemplative space, filled with native California trees, flowers, and plants. A circle of redwood trees surrounds a private space for meditation or ceremonies, and a circle of water contains stones that can be rearranged by visitors, reflecting the tradition of placing a stone upon leaving a Jewish gravesite.

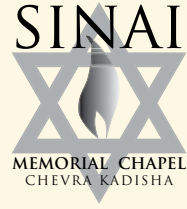
To learn more: thememorygarden.org



AUGUST

2024

תמוז - אב תשפ"ד
TAMUZ - AV 5784

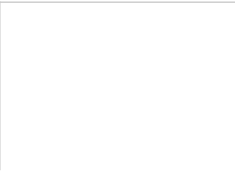


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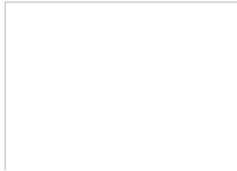
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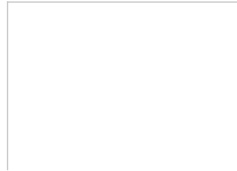
SUNDAY



MONDAY



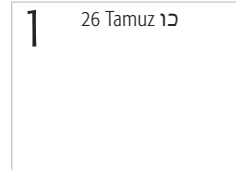
TUESDAY



WEDNESDAY



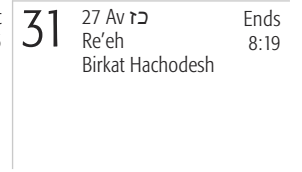
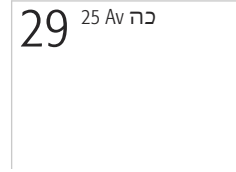
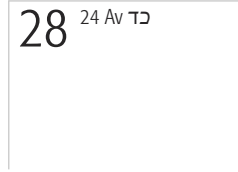
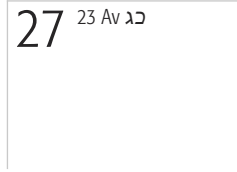
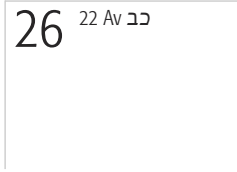
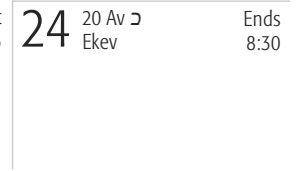
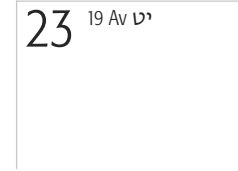
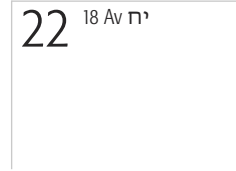
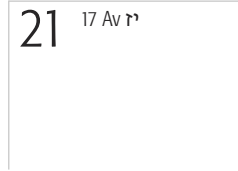
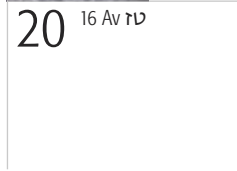
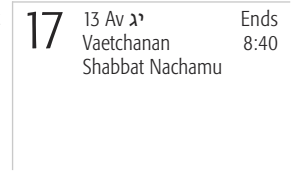
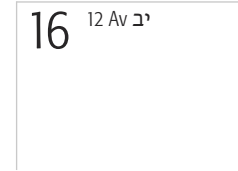
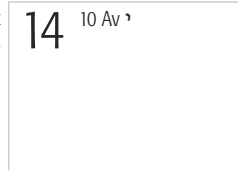
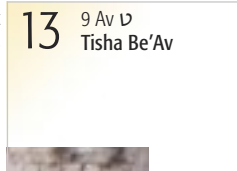
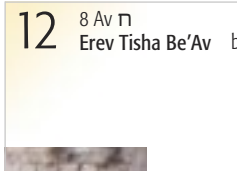
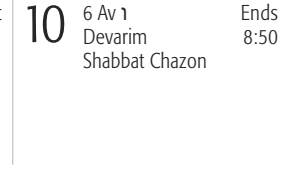
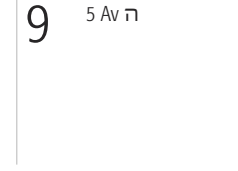
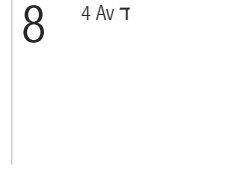
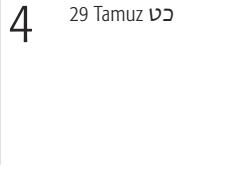
THURSDAY



FRIDAY



SATURDAY





INSPIRING PEOPLE THROUGH ART

When people come through the doors of Sinai's San Francisco facility, it is usually to make funeral arrangements or attend a funeral.

However, Sinai also sees these visits as an opportunity to bring beauty and solace into people's lives by displaying art on its walls. It hosts a permanent exhibit of photographs by San Francisco photographer Ira Nowinski of the Pioneer Jewish Cemeteries in Gold Country.

And it hosted an exhibit of oil paintings by Bay Area artist Karen Benioff Friedman depicting *tahara*, the ritual preparation of the body for burial. Friedman is a member of a *chevra kadisha* and was moved by her own experiences to create these works.

Samuel Salkin, Sinai's executive director, said of these paintings, "She knows about the work in a deep way and is also a very talented artist. She knows how to express the spiritual side of it, the unseen."

Other artworks, many donated to Sinai, are on display at its San Francisco facility.

To learn more: tinyurl.com/4zr5jfk4

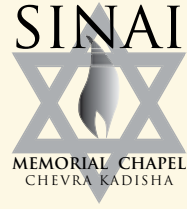
Photo by Fred Silverman

Painting by Karen Benioff Friedman:
Triple Bow: Ritual Tying of the Sash Around the Deceased

SEPTEMBER

2024

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AV - ELUL 5784



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SUNDAY

1 כח אב 28

MONDAY

2 כט אב 29
Labor Day

TUESDAY

3 ל אב 30
Rosh Chodesh

WEDNESDAY

4 א Elul 1
Rosh Chodesh

THURSDAY

5 ב Elul 2

FRIDAY

6 ג Elul 3
Light 7:12

SATURDAY

7 ד Elul 4
Shofetim
Ends 8:08

8 ה Elul 5

9 ו Elul 6

10 ז Elul 7

11 ח Elul 8

12 ט Elul 9

13 י Elul 10
Light 7:02

14 יא Elul 11
Ki Teitze
Ends 7:57

15 יב Elul 12

16 יג Elul 13

17 יד Elul 14

18 טו Elul 15

19 טז Elul 16

20 יז Elul 17
Light 6:51

21 יח Elul 18
Ki Tavo
Ends 7:46

22 יט Elul 19

23 כ Elul 20

24 כא Elul 21

25 כב Elul 22

26 כג Elul 23

27 כד Elul 24
Light 6:40

28 כה Elul 25
Nitzavim /
Vayeilech
Ends 7:35

29 כו Elul 26

30 כז Elul 27



CANDLE LIGHTING BLESSING FOR SHABBAT

ברוך אתה השם אלקינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של שבת.

Baruch A-tah Ad-nai E-lokeinu Me-lech Ha-olam A-sher Ki-de-sha-nu Be-mitz-vo-tav
Vi-tzi-va-nu Le-had-lik Ner Shel Shabbat.

Blessed are You, Lord, our G-d, King of the Universe, Who has sanctified us with
His commandments and commanded us to light the candles of Shabbat.

CANDLE LIGHTING BLESSINGS FOR HOLIDAYS

ברוך אתה השם אלקינו מלך העולם, אשר קדשנו במצותיו, וצונו
להדליק נר של (שבת ושל) יום טוב.

Baruch A-tah Ad-nai E-lokeinu Me-lech Ha-olam A-sher Ki-de-sha-nu Be-mitz-vo-tav
Vi-tzi-va-nu Le-had-lik Ner Shel (Shabbat V-shel) Yom Tov.

Blessed are You, Lord, our G-d, King of the Universe, Who has sanctified us with
His commandments and commanded us to light the candles of (Shabbat and of) the holiday.

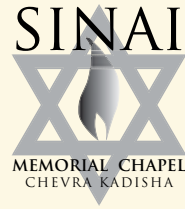
*ברוך אתה השם אלקינו מלך העולם, שהחיינו וקימנו והגיענו לזמן הזה.

*Ba-ruch A-tah Ad-nai E-lokeinu Me-lech Ha-olam She-he-che-ya-nu
Vi-kee-yi-ma-nu Vi-hi-gee-ah-nu Laz-man Ha-zeh.

*Blessed are You, Lord, our G-d, King of the Universe, Who has kept us alive and
sustained us and let us reach this time.

*Recited by Ashkenazim. Most Sephardim recite Shehecheyanu over Kiddush instead of over candles.

Mourner's Kaddish and Yahrzeit Candle Lighting Prayer



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Mourner's Kaddish

This prayer is said by mourners at the burial, during the shiva and shanah mourning periods, at the unveiling, and when observing Yahrzeit and Yizkor.

Glorified and sanctified be G-d's great name throughout the world
which He has created according to His will.

May He establish His kingdom in your lifetime and during your days,
and within the life of the entire House of Israel, speedily and soon; and say, Amen.

May His great name be blessed forever and to all eternity.

Blessed and praised, glorified and exalted, extolled and honored,
adored and lauded be the name of the Holy One, blessed be He,
beyond all the blessings and hymns, praises and consolations that are ever spoken in the world;
and say, Amen.

May there be abundant peace from heaven, and life, for us and for all Israel;
and say, Amen.

He who creates peace in His celestial heights, may He create peace for us and for all Israel;
and say, Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.

בְּעֻלְמָא דִּי בְּרָא כְרַעוּתָהּ וְיִמְלִיךָ מַלְכוּתָהּ בְּחַיֵּינוּ וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל
בְּעֻלְמָא וּבְזַמְנוּ קָרִיב, וְאָמְרוּ אָמֵן:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעַלְמֵי וְלְעַלְמֵי עָלְמַיָּא

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל
שְׁמֵהּ דְקֻדְשָׁא. בְּרִיךְ הוּא.

וְיִשְׁרָתָא תְּשַׁבַּחְתָּא וְנִחְמַתָּא דְאִמְרֵינוּ בְּעֻלְמָא.
לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְאִמְרוּ אָמֵן:

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל.
וְאָמְרוּ אָמֵן:

עוֹשֵׂה שְׁלוֹם בְּמִרְמוֹתָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ אָמֵן:

Yahrzeit Candle Lighting Prayer

The human soul is a light from God. May it be your will that the soul of (insert name)
enjoy eternal life, along with the souls of Abraham, Isaac, and Jacob, Sarah, Rebecca,
Rachel, and Leah, and the rest of the righteous that are in Gan Eden. Amen.

*Neir Adonai Nishmat Adam. Yehi Ratzon Milfanecha, Adonai Eloheinu Veilohai Avoteinu,
Shetehei Nishmat (insert name) Tzerurah betzeror hachayim, im nishmot Avraham
Yitzhak ve'Ya'akov, Sarah Rivkah, Rachel VeLeah. Tehi Menutchatah kavod, Selah.*

The Memory Garden at Eternal Home Cemetery

